
Our Goals...

The mission of the Louisiana Breast Cancer Task Force is to:

- *Promote* breast health & breast cancer eradication in our state.
- *Raise* awareness of the breast cancer epidemic & the need for increased research into breast cancer prevention, causes, & cure.
- *Support* research & other worthy projects directly related to breast cancer within the state of Louisiana.
- *Act* as an information source providing resources to the public.
- *Network & Coordinate* with other groups and organizations in the fight against breast cancer.
- *Support* the goals of the National Breast Cancer Coalition as it focuses national attention on breast cancer & to involve those living with or affected by breast cancer in advocating action, advances, & change.



Working to eradicate breast cancer

The Louisiana Breast Cancer Task Force
P. O. Box 8826
Metairie, La 70011



Bring a Friend and Talk to the Experts!

2003 Annual Education Forum
Saturday, October 25, 2003
10:00am - 12:30pm

Jefferson Parish Regional Library
4747 W. Napoleon Avenue
Metairie, Louisiana

This Free Event is
Sponsored by the



Working to eradicate breast cancer



Bring A Friend & Talk to the Experts!

This program is for women and men who want to learn more about breast health and breast cancer issues. This unique event will allow attendees to sit in small roundtable discussion groups and discuss a specific topic with speakers considered expert in their field of practice. Each speaker will speak briefly and time will be allowed for questions and discussion between the speaker and attendees. Each of the 4 sessions will last 30 minutes and attendees may choose to participate in sessions that are of interest to them. Educational materials related to topics and breast health will also be provided.

Program Schedule

9:30 am	Registration & Refreshments
10:00am	Introduction & Welcome
10:10am	Roundtable Session 1
10:40am	Roundtable Session 2
11:10am	Break & Refreshments
11:30am	Roundtable Session 3
12:00pm	Roundtable Session 4
12:30pm	Evaluation & Adjourn

Speakers & Their Topics I Include:

Access and Usefulness of Mammography - Mary Abel, MD, Internal Medicine, Stanley Scott Cancer Center & Dana Smetherman, MD, Radiologist, Co-Section Head, Breast Imaging, Ochsner Clinic Foundation, will provide information about: 1) Medicare coverage & resources available to assist those unable to pay for this life-saving early detection measure, & 2) mammography & other breast cancer detection methods & their impact on detection & long term survival.

Boosting the Immune System: Part One - Michael Casso, Registered Dietician and Pharmacist, the Wellness Store Natural & Compounding Pharmacy, will discuss the role of nutrition & vitamin or herbal supplements in cancer prevention, treatment, & overall wellness.

Boosting the Immune System: Part Two - Catherine Farrish, NMD, will discuss the importance of the mind-body connection & the use of bio-energy to boost the immune system for cancer prevention, treatment, & overall wellness.

Hormone Replacement Therapy (HRT): Right or Wrong for Me? - Vickie Thiel, RN, MSN, FNP-C, OB/GYN Practice, East Jefferson General Hospital, will discuss the pros & cons of HRT & factors to consider when trying to make an informed decision about taking HRT.

The Balance of Exercise in Cancer Prevention and Treatment - Ruth Marshall, RN, Amgen, will discuss the benefits of light to moderate exercise in cancer prevention & cancer treatment.

The Role of Chemotherapy & Radiation Therapy in Breast Cancer Treatment - Scott Sonnier, MD, Medical Oncologist, Hematology Oncology Specialists, will discuss when these therapies are indicated & recent treatment advances.

Preventing & Managing Lymphedema: What You Should Know - Amy Hirsch, LOTR, Lymphedema Specialist, Memorial Baptist Medical Center, will discuss the causes of lymphedema, risk factors, signs & symptoms, & precautions you may take to minimize your risk.

Waiting for the Other Shoe to Drop... - Karen Bloodworth, BS, MS, PLC, Private Counselor, & a panel of breast cancer survivors will discuss effective ways of dealing with life after breast cancer treatment & effective means of dealing with the fear of cancer recurrence.

To Register for This Free Event

This program is provided at no charge to attendees as part of our organization's efforts to promote breast health and breast cancer issues to the public. *Space is limited; registration is requested.*

To register for this free event, call CAGNO in New Orleans at 733-5539 (outside New Orleans at 1-800-624-2039).

Co-Sponsored by:

The Cancer Association of Greater New Orleans (CAGNO)



&

The Louisiana Legislative Women's Caucus (LLWC)



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